



Allyl acetone (5-hexen-2-one)

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Field strength: 400 MHz

Why is this your favorite spectrum?

This compound gives a very nice proton NMR that shows a number of splitting patterns. Particularly, its alkene proton splitting is symmetric and well resolved. According to the literature, this compound is widely used in flavoring agents and cosmetic fragrance agents.

This was one of the early and less complicated NMRs I dealt with, when I took an organic structure elucidation class a few years ago.